



Training Course Therapeutic Thai Massage

Registration is now open for our next training course in Therapeutic Thai Massage.

Courses are held twice per year (**July and October**) at our premises in Johannesburg.

Course Duration:

Introduction to Thai Massage (Two Days)

Basic: 40 Hours (One week)

Intermediate: 40 Hours

Advance: 80 Hours

"a certificate will be issued by the Training Institution in Thailand, after completion of all three courses. For the individual courses an attendance certificate will be issued by Rachawadee Thai Spa"

Course Fees: (Discount offered for advance payment in full)

Introduction: R 1 500

Basic: R 3 500

Intermediate: R 3 500

Advance: R 6 400

"10% Discount offered for cash if course fees are paid in full by 15 June 2009 Payment can be made via EFT or at the Spa premises. Banking Details for EFT payment: Rachawadee Thai Spa, Standard Bank, Menlyn Branch. Branch code: 012345. Account number: 012 687 545"

Course Information.

Therapeutic Thai massage has for centuries been used to relieve various aches and pains and stress which the body undergoes as a result of the way we live. In the modern age this has become more difficult as we work longer hours and endure many different kinds of stress –for example driving on our congested roads has been shown to increase our pulse rate, blood pressure and result in neck a pain and headaches.

Thai Massage works on the lines of energy that allows blockages to be removed, resulting in overall better health.

The introductory course is aimed at those who wish to know what the energy lines ("Sen") are, and learn how to apply pressure to specific points in order to unlock the flow of energy-it is more for understanding than for enabling the person to be able to work as a Masseuse.

In order to be trained as a masseuse, the individual has to undergo a minimum of 150160 hours of training, split into three sessions, which allows for practical application of the techniques that have been learned in the preceding session before entering the next session.. At the end of the training course there will be a certificate issued which is recognized by the Thai Government Training School in Bangkok.

Curriculum

- The body-simple Anatomy & Physiology
- The Sen-what are energy lines and where are they located
- Applying pressure techniques
- Treating different parts of the body
- Special treatments-sports massage

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